



Texas A&M University Colonias Program
 Guadalupe & Lilia Martinez Nutrition & Health Learning Center
November 2018



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

				1-CHW Certification Training Fernando Salinas Community Center 9:00 a.m. – 12:00 p.m.	2-WIC Outreach Gallegos Elementary School 8:00 .m. – 11:30 a.m. Laredo Medical Center 9:00 a.m. – 11:00 a.m.	3
4	5-Healthy Cooking Class Santa Teresita Community Center 10:00 a.m. – 12:00 p.m. -WIC Outreach Gateway Health Clinic (Main) 1:00 p.m. – 2:00 p.m. Advanced Institute for Women’s Health (LMC) 2:30 p.m. – 3:30 p.m.	6-WIC Outreach San Luis Rey Church Health Fair 9:00 a.m. – 12:00 p.m. Kawas Elementary 1:00 p.m. – 4:30 p.m.	7 –WIC Outreach J.C. Martin Elementary 8:00 a.m. – 12:00 p.m. City of Laredo Health Department 8:30 a.m. – 10:00 a.m. San Luis Rey Church 1:00 p.m. – 5:00 p.m.	8-CHW Certification Training Fernando Salinas Community Center 9:00 a.m. – 12:00 p.m. -WIC Outreach D.D. Hachar Elementary 1:00 p.m. – 4:00 p.m. -San Luis Rey Church 1:00 p.m. – 5:00 p.m.	9-WIC Outreach H.E.B. 9:00 a.m. – 12:00 p.m. -Gateway Health Clinic (Main) 8:00 a.m. – 9:00 a.m. Walmart (Clark & Loop 20) 9:30 a.m. – 11:30 a.m.	10
11	12-WIC Outreach Dr. A. Alvarez 1901 Frees Street - 9:00 a.m. – 12:00 p.m. Advanced Institute for Women’s Health (LMC) 9:00 a.m. – 11:00 a.m. Gateway Health Clinic (Main) 2:00 p.m. – 1:00 p.m.	13-Healthy Cooking Class Jim Hogg County Nutrition Center 1:00 p.m. – 3:00 p.m.	14-WIC Outreach Gateway Health Clinic (South) 8:00 a.m. – 9:30 a.m. Kid’s Mercy Rehab Clinic 4:00 p.m. – 5:00 p.m.	15-CHW Certification Training Fernando Salinas Community Center 9:00 a.m. – 12:00 p.m.	16-Healthy Cooking Class USD SAC 5:00 p.m. – 8:00 p.m. -Movie Night Health Fair Event Unitrade Stadium 8:00 p.m. – 10:00 p.m.	17
18	19-WIC Outreach Advanced Institute for Women’s Health (LMC) 9:00 a.m. – 11:00 a.m. Gateway Health Clinic (Main) 2:00 p.m. – 4:00 p.m.	20-WIC Outreach Gateway Health Clinic (South) 8:00 a.m. – 9:30 a.m. Dr. Celso Rodriguez (LMC) 1:30 p.m. – 2:30 p.m.	21–WIC Outreach City of Laredo Health Department 8:30 a.m. – 10:00 a.m.	22 	23 Office Closed in Observance of Thanksgiving Holiday	24
25	26-WIC Outreach Dr. A. Alvarez 1901 Frees Street - 9:00 a.m. – 12:00 p.m. Advanced Institute for Women’s Health (LMC) 9:00 a.m. – 11:00 a.m. Gateway Health Clinic (Main) 2:00 p.m. – 4:00 p.m.	27-Healthy Cooking Class Fred & Anita Bruni Community Center 10:00 a.m. – 12:00 p.m.	28-WIC Outreach Kid’s Mercy Rehab Clinic 4:00 p.m. – 5:00 p.m.	29-CHW Certification Training Fernando Salinas Community Center 9:00 a.m. – 12:00 p.m.	30 	